

COMPLINE at DOUAI ABBEY

Abbot: May the Almighty Lord, grant us a peaceful night and a perfect end. Amen

I confess... to almighty God,
and to you my brothers (and sisters), that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever virgin, all the angels and saints, and you, my brothers (and sisters), to pray for me to the Lord my God.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen

Convert us, God our salvation,
And be angry with us no longer

O God, come to my assistance,
O Lord, make haste to help me.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now, & ever shall be,
world without end. Amen. Alleluia.

PSALM 4

When I call, answer me, O God of justice;
from anguish you released me, have mercy and
hear me!

O men, how long will your hearts be closed,
will you love what is futile and seek what is false?

It is the Lord who grants favours to those whom he
loves;

the Lord hears me whenever I call him.
Fear him; do not sin: ponder on your bed & be still
Make justice your sacrifice, and trust in the Lord.

"What can bring us happiness?" many say.
Lift up the light of your face on us, O Lord.
You have put into my heart a greater joy
than they have from abundance of corn & new wine.

I will lie down in peace and sleep comes at once
for you alone, Lord, make me dwell in safety.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen

PSALM 90

He who dwells in the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: "My refuge,
my stronghold, my God in whom I trust!"

It is he who will free you from the snare
of the fowler who seeks to destroy you;
he will conceal you with his pinions
and under his wings you will find refuge.

You will not fear the terror of the night
nor the arrow that flies by day,
nor the plague that prowls in the darkness
nor the scourge that lays waste at noon.

A thousand may fall at your side,
ten thousand fall at your right,
you, it will never approach;
his faithfulness is buckler and shield.

Your eyes have only to look
to see how the wicked are repaid,
you who have said: "Lord, my refuge!"
and have made the Most High your dwelling.

Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways.

They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon.

Since he clings to me in love, I will free him;
protect you for he knows my name.
When he calls I shall answer: "I am with you,"
I will save him in distress and give him glory.

With length of days I will content him;
I shall let you see my saving power.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen

PSALM 133

O come, bless the Lord,
all you who serve the Lord,
who stand in the house of the Lord,
in the courts of the house of our God.

Lift up your hands to the holy place
and bless the Lord through the night.
May the Lord bless you from Zion,
he who made both heaven and earth.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen

HYMN

Before the light of evening fades
we pray O Lord of all,
that by your love we may be saved
from every grievous fall.

Repel the terrors of the night
and Satan's power of guile,
impose a calm and restful sleep
that nothing may defile.

Most holy Father grant our prayer
through Christ your only Son,
that in your Spirit we may live
and praise you ever one.

CHAPTER (*Revelation 22, 4-5*)

They shall see his face, and his name shall be on
their foreheads, and night shall be no more. They
need no light of lamp or sun, for the Lord God will
be their light, and they shall reign for ever and ever.
R. *Thanks be to God.*

Into your hands O Lord, I commend my spirit.
It is you who have redeemed us, Lord.

NUNC DIMITTIS (*Luke 2, 29-32*)

Lord, now let your servant depart in peace
according to your word.

For my eyes have seen your salvation
which you have prepared before the face of all
people.

To be a light to enlighten the gentiles
and to be the glory of your people Israel.

Glory be to the Father and to the Son
and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be,
world without end. Amen

PRAYER

Be with us, Lord, this night to keep us from all
harm. Defend us from the snares of the enemy.
Send your holy angels to guard this home and
family, and may your blessing be upon us now and
for ever. For this we pray through Christ our Lord.
Amen

Abbot May the almighty and merciful Lord, the
Father, the Son and the Holy Spirit bless and keep
us.

The Marian antiphon follows in the Lady chapel, most usually the Salve Regina.
